

24/7 Hotline (360) 734-1688

District 4 Skagit County AA Meetings
www.district4aa-wa.org

The meeting codes are as follows: (ASBI) As Bill Sees It, (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (LGBTQ) All Are Welcome, (ST) 12x12 Study, (B) Big Book Study, (BE) Newcomer, (ONL) On Line, (W) Women, (GV) Grapevine, (SEC) Secular, (X) Handicap Accessible, (XB) Handicap Bathroom, (DR) Daily Reflection, (S) Spanish, (Y) Young People

Sunday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass word 787878 Birthday Mtg: 4th Sunday
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942 Birthday Mtg: 4th Sunday
8:00 am , Sunday Morning Hardcore Group, (C,DR,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact: Cody 360-610-9220
5:00 pm , Sedro Woolley Group, (LS,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh (360) 540-9083
5:00 pm , District 4 GSR Meeting, (O,X) Inspire Valley Church (In the Gym behind church), 1551 E Rio Vista Ave, Burlington, The 3rd Sunday of every month. Contact DCM Ed S. (360) 610-6730
7:30 pm , Back Alley Group, (ABSI,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # 360-770-7236, Birthday Mtg: 4th Sunday
Monday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass Word 787878
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942
11:30 am , Circle of Hope Group, (O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # Erica G. (360) 631-4403 Birthday mtg: Last Friday
4:30 pm , PM Rush Hour Group, (O) Communion Church, 208 Snoqualmie St, Mount Vernon, Contact # 360-873-7615
6:00 pm , La Fortaleza Lunes-Sabado, (C,S) Spanish Speaking Meeting, 117 N 1st St # 54, Mount Vernon, Lunes - Sabado contact # 360-982-0161

Monday (cont)
7:00 pm , Burlington Coconut Kenny's, (O,X) Coconut Kenny's, 1060 S Burlington Blvd, Burlington, Harly (253) 754-2213 Fellowship 6-7pm Birthday Mtg: 3rd Monday
7:00 pm , Clear Lake Group, (O,X) Community Church, 12605 WA-9, Clear Lake, Contact Angie: 360-661-6689 1st Mon Step Study, 2nd Mon Tradition Study, Birthday mtg: 4th Monday,
7:00 pm , Sedro Woolley Group, (ABSI,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh (360) 540-9083
7:00 pm , Concrete Group, (O,X) Presbyterian Church, 45705 Main St, Concrete, Contact Travis 360-466-8271, Birthday Mtg: Last Monday
7:30 pm , Rainbow Group, (O,X,XB) Methodist Church, 601 2nd St, La Conner, Jo K: (360) 770-2181, Birthday Mtg: 3rd Monday
7:30 pm , Decidiados a Cambiar Lunes, Miercoles, Viernes, (C,S) Spanish Speaking Meeting, 107 E Cedar St, Mount Vernon, Reuniones Lunes, Miercoles, Viernes Contact # 360-202-0008
Tuesday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass Word 787878
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942
11:30 am , Circle of Hope Group, (O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # Erica G (360) 631-4403 Birthday mtg: Last Friday
4:30 pm , PM Rush Hour Group, (O) Communion Church, 208 Snoqualmie St, Mount Vernon, Contact # 360-873-7615
6:00 pm , La Fortaleza Lunes- Sabado, (S) Spanish Speaking Meeting, 117 N 1st St # 54, Mount Vernon, Contact # 360-982-0161
6:30 pm , Pink Ladies Group (Women only), (12x12,C,LGBTQ,BE,X,XB,W,Y) Salem Lutheran Church, 2529 N Laventure Rd, Mount Vernon, Contact # 360-770-6424 Birthday Mtg: 2nd Tuesday, Potluck speaker mtg: 3rd Tuesday in 5 Tuesday Months, Venmo: @Pink-Ladies
7:00 pm , Skagit Group, (O,C,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # 425-418-6625, Birthday mtg: 3rd Tues., Potluck Speaker mtg: 5th Tues on 5 Tues Months
7:30 pm , Grupo Desididos A Cambiar, (C,S) Spanish Speaking Meeting, 107 E Cedar St, Mount Vernon,
Wednesday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass Word 787878
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942

Wednesday (cont)
11:30 am , Circle of Hope Group, (O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # Erica G (360) 631-4403 Birthday mtg: Last Friday
Noon , Union Club Men's Luncheon, (12x12,LIT,M,EN) Cascade Pizza & Pasta, 852 State Rte 20, Sedro-Woolley, Contact Dennis P: dperklaw@outlook.com
Noon , AA Rocks (W), (B,O,X,Y) MV Senior Center, 1401 Cleveland Ave, Mount Vernon, Contact: 407-223-8750
4:30 pm , PM Rush Hour Group, (O) Communion Church, 208 Snoqualmie St, Mount Vernon, Contact # 360-873-7615
6:00 pm , Lyman Lives, (O,X) Lyman Church, 31441 W Main St, Lyman,
6:00 pm , La Fortaleza Lunes- Sabado, (C,S) Spanish Speaking Meeting, 117 N 1st St # 54, Mount Vernon, Contact # 360-982-0161
6:30 pm , Por El Buen Camino, (S) Consejo Counseling and Referral Service, 1601 E College Way, Mount Vernon, Blanca Larsen (425) 446-9233
7:00 pm , Skagit Group (Zoom) Only, (C,ONL) , Sedro-Woolley, WA 98284, Zoom ID: 864-3616-9943, Passcode: 360171 Contact # 425-418-6625
7:00 pm , Sedro Woolley Group (First Step), (O,X,Y) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh: (360) 540-9083, Birthday mtg: 4th Wed.
7:00 pm , Shoulder to Shoulder, (O,X,XB) MV Senior Center, 1401 Cleveland Ave, Mount Vernon, Shirley H. (360) 318-4729
7:30 pm , Alger Meeting, (O,X) Alger Community Hall, 18735 Parkview Ln, Burlington, Contact: Harly (253) 754-2213, Birthday Mtg: Last Wednesday
7:30 pm , Decidiados a Cambiar Lunes, Miercoles, Viernes, (C,S) Spanish Speaking Meeting, 107 E Cedar St, Mount Vernon, Reuniones Lunes, Miercoles, Viernes Contact # 360-202-0008
Thursday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass Word 787878
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942
11:30 am , Circle of Hope Group, (O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # Erica G (360) 631-4403 Birthday mtg: Last Friday
11:30 am , New Hope Meeting, (O,X) Immersion Church, 900 Skagit St, Mount Vernon,
4:30 pm , PM Rush Hour Group, (O) Communion Church, 208 Snoqualmie St, Mount Vernon, Contact # 360-873-7615
6:00 pm , La Fortaleza Lunes- Sabado, (C,S) Spanish Speaking Meeting, 117 N 1st St # 54, Mount Vernon,

Thursday (cont)
7:00 pm , Sedro Woolley Group, (12x12,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh (360) 540-9083
7:00 pm , Grand Solution Group, (O,X) Inspire Valley Church (In the Gym behind church), 1551 E Rio Vista Ave, Burlington, Contact # Steve 402-320-3200; Birthday Mtg: Last Thursday, Potluck Speaker Mtg: 2nd Thurs on 5 Thurs Months
7:30 pm , Grupo Desididos A Cambiar, (C,S) Spanish Speaking Meeting, 107 E Cedar St, Mount Vernon,
Friday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Pass Word 787878
7:00 am , Morning Rush Hour Group, (O,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942
11:30 am , Circle of Hope Group, (O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Contact # Erica G (360) 631-4403 Birthday mtg: Last Friday
4:30 pm , PM Rush Hour Group, (O) Communion Church, 208 Snoqualmie St, Mount Vernon, Contact # 360-873-7615
6:00 pm , Lyman Meeting, (O,X) Library, 8334 S Main St, Lyman,
6:00 pm , La Fortaleza Lunes- Sabado, (C,S) Spanish Speaking Meeting, 117 N 1st St # 54, Mount Vernon, Contact # 360-982-0161
7:00 pm , Sedro-Woolley Group, (B,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh (360) 540-9083
7:30 pm , Decidiados a Cambiar Lunes, Miercoles, Viernes, (C,S) Spanish Speaking Meeting, 107 E Cedar St, Mount Vernon, Reuniones Lunes, Miercoles, Viernes Contact # 360-202-0008
7:30 pm , Burlington Group, (O,X) Wash. Federal Bank, 300 E Fairhaven Ave, Burlington, Contact # 360-348-7886
Saturday
7:00 am , AM Rush On Line Meeting, (O,ONL) , Mount Vernon, WA, Zoom ID 885 4029 5437 Password 787878, Birthday Mtg: 4th Sunday
7:00 am , Morning Rush Hour Group, (C,X) MVSC, 1401 Cleveland Ave, Mt Vernon, Contact (360) 661-6942
10:00 am , Sedro Woolley Group, (DR,O,X) Fairhaven Hall, 309 F & S Grade Rd, Sedro-Woolley, Josh (360) 540-9083
Noon , AA Rocks, (B,O,X,Y) MV Senior Center, 1401 Cleveland Ave, Mount Vernon, contact: 407-223-8750, Young Peoples' Speaker Meeting 2nd Saturday, Birthday mtg: 3rd Saturday
6:00 pm , La Fortaleza Lunes- Sabado, (C,S) Spanish Sneaking Meeting, 117 N 1st St # 54, Mount Vernon,

Saturday (cont)

7:00 pm, Clear Lake Group (on line), (C,ONL) , Clear Lake, WA, Zoom ID: 875-6465-1213, Passcode: aalove
Contact # 425-750-9984

7:00 pm, Concrete Saturday Night Upriver, (O,X)
Presbyterian Church, 45705 Main St, Concrete, Contact #
360-814-4511

The 12 Traditions

1. Our common welfare should come first; personal

2. For our group purpose there is but one ultimate authority—a loving God as He may express Himself in

- authenticity—a loving God who is free to express himself in our group conscience. Our leaders are but trusted servants; they do not govern.

3. The only requirement for A.A. membership is a desire to stop drinking.
4. Each group should be autonomous except in matters

5. Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

6. An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise.

- lest problems of money, property, and prestige divert us from our primary purpose.
7. Every A.A. group ought to be fully self-supporting.

8. Alcoholics Anonymous should remain forever nonpro

- 9 A As such, ought never be organized; but we may

- create service boards or committees directly responsible to those they serve.

10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.

11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a Power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We're entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong, promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

[illegible]

www.district4aa-wa.org
24/7 Hot Line Number
360-734-1688

AA Preamble

There are no dues or fees for AA membership, we are self-supporting through our own contributions.

Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.