

## Condensed District Inventory 10/19/2025

1. What is the purpose of the District?
  2. What more can the district do to help the groups and better carry the message?
  3. Is the district structure adequate for the number of groups and meetings in district?
  4. Is the meeting held regularly?
  5. Is the meeting place attractive and convenient – is it large enough?
  6. Is adequate opportunity given to all members to speak and participate in discussions and activities?
  7. Are the meetings interesting and informative?
  8. How could the district meeting be improved?
  9. Are the DCM and Alternate aware of what is going on in the District?
  10. Are standing committees functioning okay?
  11. How informed are the groups regarding the 7th Tradition?
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### Questions Answers and action items

Andy A. (Facilitator)

This is a family. Think of it as a family, not family feud, but a family. A family that's meshed together. Okay, what more can the district do to help the groups and carry the message? What more can you guys do? What more could you guys do to enhance and improve the message being carried through the groups? Do you guys have a workshop?

Speaker 3- It's been a while since this district's had a workshop.

Andy- Can you ask yourself, what's the shape of your triangle? Recovery and unity service. Recovery is the 12 steps, right?

Unity is a tradition. Service is a concept. What's the shape of your triangle? Is it all one-sided? Or is it equilateral like it's supposed to be?

Speaker 3- We could do better in unity. We could do a lot better.

Beth (Dist Secretary)- I think we could do better in every area.

Dave- We could do better in service.

Speaker 3- Our standing committees are not. full and a lot of times that's important for giving the message.

Andy- I think that's exactly one thing that I've talked about, about doing more workshops, but we have to get more.

Ed S (DCM)- People to fill our committees to help bring the information back from the area and then be able to give that to the group to encourage people to be a part We have have unfilled committee spots.

Andy- That's not a committee. That's a representative. How could it be a chairperson if they're chairing themselves?

Laura- it's to get involved in group business meetings to inform the body and foster enthusiasm for service participation. which used to happen when I first got here, that people from the district would come to the group business meetings and, you know, stir up whatever it was they were trying to get people involved in.

Andy- How many of you GSR has invited your DCM to your meetings?

So is the district structure adequate for the number of groups and meetings in the district? Is the district structure adequate? Is the district structure adequate to cover everything that's happening in the district with the groups and the meetings? Is the structure adequate? Do we need to change the structure of the district?

Speaker 3- We don't have the participation from the groups.

Laura- I think there's too many groups in this district. People are spread too thin.

Beth- it could also be that the unity is bad because of it instead of the other way around. It could be that people aren't joining because the unity is poor. Or it could be the unity is poor because people aren't joining. I think that's part of what we're here today to decide. I don't think that we can make a blanket statement like that. I think that I should point out that it appears only about 50% of our GSRs are here today, which is common. I'm not pointing out who is or isn't, but we don't have great representation.

Andy- I think the biggest problem with Alcoholics Anonymous is sponsorship. One word, sponsorship.

I think your first workshop needs to be on sponsorship.

How many GSRs go to other meetings besides their home group?

Ed- So we discussed this at our home group about this, about being the attraction. And when we go to other meetings, it seems like other people come to our meeting.

Andy- Cool. You should get out and visit other groups. Is your meeting location attractive enough to bring people here?

3 people shared it's too cold at current location... maybe there is an option to move to a location that's more attractive.

Andy- Good question. Good point. So, if you take an inventory with your sponsor and you do the fifth step, then you don't go home and do six and seven, and you don't go home and do six and seven, then do eight and nine, doesn't do you any good, does it? As a person. The nine-step promises that most people think are the promises of Alcoholics Anonymous, say we have to do the first nine steps. So we need to do that

as a district as well as an individual. So when you figure out what you guys need to change to make this a better district, and you don't follow through, you're not going to make any difference. The idea here is to make a difference in your district, make a difference in all of this.

Steve (Grand Solution GSR)-after we do this today, what is the process for us to take what we've talked about today and move that forward,

Andy- This becomes part of your agenda for your next several business meetings under new business or old business, whichever you want to classify it, new or old business. Part of your discussion, you guys have new and old business on your agenda.

Okay, that's where it fits. Then you decide amongst yourself, do we need, can we vote the changes or do we need to get an ad hoc committee? to take a look at it. an ad hoc committee is a research committee to find the best appropriate actions to take and then bring it back to see if the group agrees with it or not.

Andy- Is a meeting time adequate for everybody to participate and share?

Ed- I was at DCM Roundtable with 15 other DCMs in our area and I posed this question... and every single one of them said, no less than an hour and a half, and they did not feel that was enough time. Because what happens they said is everybody's watching the clock, trying to get out of there in an hour. So people don't participate. You got anything you'd like to share about your group? Nope, everything's good. Everything's good. So they can try to get out of there in an hour.

Beth- We don't really have a good agenda.

Steve- Would it be more effective to have the group report out near at the beginning instead of at the end so that the groups didn't feel like they're having to finish the meetings at a certain meeting? They feel like they'd have more time to talk more about what's going on in the groups.

Andy- When I first started here, standing committees were meeting 1/2 hour before the regular meeting. District meetings used to be a couple hours in this district. When I first started going to district meetings they used to be sometimes 2 1/2, 3 hours. There was no time period. You meet at this time and it's done when it's done. I think you guys need to do some discussion and some deliberation and figure out what's going to best fit this district. Don't put-- and try not to put time frames on it. That's what we're doing here is 12-step work on a continuous basis. If we're putting time frames on it, then we're not giving to Alcoholics Anonymous. Didn't somebody spend time with you when you first got here? Extra time? How about giving back what you got?

Abe (visitor)- I would like to mention to you that attraction rather than promotion, nobody's going to be attracted to something that's glum. It's important to have fun. It is. And like in early recovery, that's my number one goal right now, is to enjoy myself but we try to do this, try to have as much fun as we can

Brandi- I came last month and it didn't make me want to jump any part of district the service nobody was getting along it was very hostile environment

Josh (Skagit GSR)- what I've noticed is that there's a lot of feelings taking place and ruling people's decisions and behaviors. it's not healthy for this., it's kind of glum. I kind of agree,

Andy- So you guys just answered one of the other questions. Are the meetings interesting and informative?

Ed- as the DCM, do I provide you guys enough information from the area to take back to your groups to make an informed decision to bring back, to carry back to the area? Am I providing enough information?

Josh- I feel like you give, I mean, there's plenty of information that's given for what we need to take back to our groups. I don't think that's necessarily the issue. I think it's the personalities that have been dragging things down. People like fighting in the midst of what's really supposed to be going on here.

Andy- How about a district picnic?

Collette (Visitor)- Fun and start each meeting with three or four trivia questions, I have about 75 good trivia questions on literature. And it just, you know, to make it fun, but make it... something we're learning from. It's not just let's all smile and cute to each other, but when you can start off with that, say, let's see how well we know my literature. Like, what pamphlet tells a story about a priest, a rabbi, and-- A nun?

Andy- does the district need to be, district meetings need to be improved? Yes, you guys are talking about that. How do we do that? This is the way we do that. We figure out what people want and we make changes. So one of the -- you guys need to decide what kind of changes you want. Rick's writing notes down over here, I'm sure. And that stuff can go on your district agenda for stuff for you guys to look at changing. The agenda has been talked about several times. Put the groups first. All kinds of things can be changed. Experiment. The only thing that's constant in life is change.

Rachell- if those committees don't have chairs, can a district survive without all the committees running?

Andy- Yes. Sometimes, it's a good question, sometimes we get too focused on filling all the chairs. How important is it to fill all the chairs if the job is not getting done? If we have chairs for all the committee's representatives, because one person can't chair an empty seat, is it really fixing our district? Or can we take half of the committees and make them vibrant?.

Andy- Which committees do you have? I know you got archives. I know you got third legacy.

Ed- Bridging the gap. We have corrections. We have literature. We have accessibilities. We have no CPC. We have young people.

Bill (3<sup>rd</sup> Legacy Chair)- Yeah, I have a question for the standing, because moving forward, I need to know where I need to start. How many of the standing committee chairs actually have whole group members attending a monthly meeting? Thank you, that's where I start, right there.

Ed- I'd like to see a Concepts workshop.

Randy- ... Principles before personalities. Can't that be looked at two different ways? Everyone's going to have a personality. So many times we look at someone, don't they have any principles? You know, rather than me saying they have a personality and I need to be practicing the principles.

Andy- Imagine that. We all need to be practicing the principles. What are the principles? Good question. What are the principles?

The principles are the 12 steps, 12 traditions, and 12 concepts. Those are the principles. You know that 12 plus 12 plus 12 equals 24. It does two for 24 hours of surprise.

I'm going to jump to the last question for a second because this one interests me a lot so **How informed are you guys about the Seventh Tradition?** Yes. You know, the Seventh Tradition isn't just about money. It's time spent. In the promises, it says, one more period of economic I'm self-supporting for my own contributions. I don't have to worry about the phone. I don't have to worry about the mailbox. I don't have to worry about the stuff in the morning. So I need to give, give, give.

Ed- ... on the very first district meeting that we held this year, I asked and I've asked about contributions, both financial and through service. **What is the reason that groups aren't contributing financially, and Members aren't contributing service wise.**

I want to know how can how can we help that? I was at the assembly this this two weeks ago and the discussion was about spending money, which is always a great one. And somebody said something about we don't contribute because area doesn't give us a receipt. I've heard people say they don't contribute money because they don't know if it's going to be spent right, not being spent on what they want, what they want. Same thing with our time, right? Why is our time, why? And I think it goes back to sponsorship.

Andy-that sounds like a concept 7 thing. If I'm not going to contribute, then I need to tell them why. I just don't stop the money. I'm telling them to tell them why. Or service, in my opinion. And if they're not wanting to change, that's their fault. so you used you guys used to get receipts and the area's not giving receipts anymore yes not make it happen only as simple as the most to make it happen you guys have the right to do them make things happen not call it's anonymous that's why you're in a position to end to make things happen

Rachell- My observation, Ed will be talking about something, and we have people in the audience that So it's almost like there's no compromise,.

Andy- People are not open-minded. Aren't we supposed to be open-minded to all folks and others? How are we supposed to listen to both sides and then make a decision? If we're not listening to both sides and make a decision, we're not having a form of conscience. We're having fooled ignorance. It's not your fault. Keep yelling, keep yelling.

Andy- I think we need to take a moment of silence and say the surrender and start over. Somebody needs to stand up and say, Can we get the surrender and start over? If you're not willing to do that, You can just let the chaos happen. In a big book it talks about where serenity meets calamity. We can stop that calamity if we're willing to stand up and say, Wait a minute, just stop, take a moment of silence, say the serenity prayer, and start over. The only thing I can change is myself, right? I can't change you. I can't change you. Every time I get an argument, it's my call. Because I'm not willing to back down. I'm going to stand by ground to keep cement and can't change it. 's tough you guys need to participate in seven for this is what's your best foot forward.

Steve-**how's the best way to increase, you know, participation in the district to go to those places.**

Andy- I've discovered When you stand up and make announcements, most people aren't going to listen to you. When you stand up and make announcements in groups, most people are not going to listen to you. If you want volunteers, you know what you do? Get face to face with them. Ask them personally.

Andy- You know that 95% of the people who get involved in service don't drink.

Ed- who would like to be on ad hoc committee to research and come up with some alternative plans, time, day, and location of our district meeting? We have Laura, we have Abe, we have Joe.

Josh- Anybody can come to the district meeting, right? Yes. Okay, I was just curious because when I brought the inventory back to my group, they're like, but we don't even know what goes on at district, so why are you asking us these questions?

Andy- You started inviting home group number group.

Ed- moving forward, Ric has taken minutes. He will condense those down and get those to a nice form for Beth who will get them out. And then based upon that, I will add a couple of those things for our next agenda. In November, we've already had one, right? We've already brought one up that hopefully we'll have some information to discuss. and then we'll just start knocking them out in the next couple of district meetings.

When I did that DCM roundtable, I asked this question all of them had at least one inventory, a rotation, and most of them had one annually. that's another thing that we may discuss. Would we like to have one annually

Andy- Invite a committee chair to your home group to make a presentation. We do that. My home group does that four times a year.

Bill- Three questions. How many of you know and apply the traditions in your life just like you do the steps? Awesome. How many of you know and apply the concepts in your life just like the steps in the traditions? Okay. How many of you would be willing to support a concepts workshop? Thank you. We'll talk about that next month.

Andy- You know what the first step is? Does anybody know what the first step is? Get in the car.

Ed- Get in the car. Andy- That's the first step.